	Autumn	Spring	Summer
EYFS	Respect others even if different from me – to know people around me can be different ; physical, character, personality	To learn about my family and relationships.	Getting ready for transition
Year 1	Know who can help me if I am sad or lonely Families – learning that families can be different, learning that even through families are different, they are a source of support, protection and it is important to spend time together as a family	Mental wellbeing – know that we experience a range of emotions Know that friendships make us feel happy and secure Know what sorts of boundaries are appropriate in friendships with peers and other (including online)	To know the importance of manners To know that people can communication online as well as face to face, but manners and respect are just as important online To know people sometimes behave differently online, including pretending to be someone they are not
Year 2	Know that all people are different and how to respect and value difference in my community	To know that each person's body belongs to them and the differences between appropriate and inappropriate or unsafe contact	How to respond appropriately to adults, including online and those they do not know



To understand the value of selfrespect and how this links to my happiness Know that in school and in wider

society, we can expect to be treated with respect and they should show respect to us, including those in positions of authority

Know what healthy relationships look like in families and what love and care we show one another, know that families can be different to my own



Know the characteristics of friendship; mutual respect, kindness, trust Know about types of healthy friendships and what to do if friendships are unhealthy Relationships: • Things that cause conflict between me and my friends

• What I do when my friend makes me upset



About concept of privacy and implications for children and adults, including it is not always right to keep secrets if they relate to being safe To know how to ask for advice or help Know how to report feelings of being unsafe or feeling bad about any adults

To know people sometimes behave differently online, including pretending to be someone they are not

To know that the same principles apply to online relationships as to face to face relationships, including the importance of respect for others even online and when we are anonymous

Know what sorts of boundaries are appropriate in friendships with peers and other (including online)

Year 3	My changing body: How boys' and girls' bodies change as we grow up, and how these changes affect us	Know about different types of bullying including cyber bullying and homophobic bullying To know that the same principles apply to online relationships as to face to face relationships, including the importance of respect for others even online and when we are anonymous Therefore the impact of bullying and the responsibilities of bystanders to report to an adult for support and how to get help	How to respond appropriately to adults, including online and those they do not know To know the rules and principles of keeping safe online, how to recognise risks, harmful content and contact and how to report them
Year 4	Know the characteristics of friendship; mutual respect, kindness, trust Truthfulness, loyalty, generosity, sharing interests, support problems	Know about different types of bullying including cyber bullying and my responsibilities as a bystander To know the rules and principles of keeping safe online, how to	Know that marriage represents a formal and legalised commitment of two people which is intended to be lifelong

	Know that healthy friendships do not make others feel excluded Know how to report concerns of abuse and the vocabulary to do so To know where to get advice eg family/ school/ other sources Links well to spring term PSHE - Various types of relationships friends and family	recognise risks, harmful content and contact and how to report them How to critically consider their online friendships and sources of information, including awareness of the risks associated with people they have never met The importance of respecting others who are different from me	
Year 5	Understanding how to keep myself safe online. Understanding that some people misrepresent themselves online and may not be who they say they are How to critically consider their online friendships and sources of information, including awareness of the risks associated with people they have never met How information and data is shared and used online	The dangers of drug and alcohol misuse Healthy Relationships; understand that most relationships have ups and downs and that these can often be worked through so that the friendship is repaired or strengthened and resorting to violence is never right Understanding what makes a relationship healthy/ unhealthy <b>Theore of Strengthened</b> <b>Row how to report concerns of</b> abuse and the vocabulary to do so	Know what a stereotype is and how stereotypes can be unfair, negative or destructive

		To know where to get advice eg family/ school/ other sources	
Year 6	The importance of sleep Know how to report concerns of abuse and the vocabulary to do so To know where to get advice eg family/ school/ other sources	Knowing that some relationships can be unhealthy – know how to recognise who to trust and who not to trust, how to judge when a friendship makes them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek advice from others	Know the law related to equalities act and the protected characteristics Know what a stereotype is and how stereotypes can be unfair, negative or destructive, make links to bullying and the law with respect to hate crime.